

MOANA ATHLETIC CLUB



"The mind and the body are parallel universes. Anything that happens in the mental universe, must leave tracks in the physical one."

Deepak Chopra

Moana Athletic Club addresses all needs of the health and fitness oriented guests, featuring four elliptical machines, six stationary bikes, six treadmills, Matrix fitness equipment and free-weights. In addition, a mirrored studio is designed for aerobics and yoga classes. Staff fitness instructors will be available for assistance to create personalized fitness packages, including an eight-week program that can be adopted for a healthy lifestyle change upon return home.

Fitness Club Membership

Monthly\$400

Couples Monthly.....\$600

Annual Memberships receive a 10% Discount

Included in the membership are: fitness classes, the access to Spa Moana (jacuzzi, sauna, steam room and locker facility), 10% discount on treatments and retail products (salon services not discounted), complimentary tennis court times, special kamaaina rates with upgrade to Deluxe Ocean View, based on availability.

Hours: Sun-Sat 24 hours