

## skinny cocktails

### coco mojito fresh

smirnoff coconut vodka, lime juice, fresh mint, vita coconut water

12

### lahaina storm

myers dark rum, elixir g ginger syrup, lime juice, ginger ale

12

### skinny lilikoi pina

smirnoff coconut vodka, lilikoi puree, sweet & sour, coconut water

12

### skinni rita

patron silver tequila, lime juice, ojio agave nectar, vita coconut water

14

## draft brews local

16oz

big wave golden ale

7

long board lager

7

kona brewing lavaman red ale

7

maui brewing company bikini blonde

7

maui brewing company mana wheat

7

firerock

7

keoki sunset

7

primo pilsner

8

## draft brews

16oz

bud/bud light

7

coors light

7

shock top

7

heineken

7

blue moon

7

guinness

8

hawaiian black and tan

8

## brews

### domestic

coors light

6

miller light

6

michelob light

6

bud

6

bud light

6

bud lime

6

### premium

corona

7

corona light

7

heineken light

7

amstel light

7

big swell ipa

7

5.12

## 'UMALU

***A gathering place for shelter and nourishment.***

***A place to celebrate the farmers,  
the fishermen and the aina.***

***E komo mai***

***Please join our ohana and  
share what we have.***

***Food and drink,***

***friends and fun,***

***seascapes and sunsets.***

***Aloha***

ūmalu

## to share

**certified angus sliders** 12

bleu cheese, caramelized maui onion, harissa aioli, taro bun

**hawaiian ahi poke nachos** 18

uncle kimo's ahi poke, edamame guacamole, lomi salsa, "surfing goat" chevre, firecracker caviar

**umalu nachos grande** 14

tortilla chips with al pastor chicken or kalua pork, chili con queso, avocado salsa, pico de gallo, jalapenos, black olive, sour cream

**big kanaka quesadilla** 14

al pastor chicken or kalua pork with monterey jack, pico de gallo, sour cream, guacamole

 **chili rubbed tuna** 14

chili rubbed tuna with mango wasabi, watercress and arugula salad

**umalu's island style hummus** 12

"surfing goat" feta, house cured olives, taro lavosh, warm naan bread, organic cold pressed e.v.o.o. and fresh lime

## sides and grinds

**potato stix**

traditionally seasoned small 6  
large 9

**spicy buffalo wings** 14


traditionally spiced with a hint of fresh basil, celery, carrots and bleu cheese dip

**big kine maui onion rings** 8

lilikoi bbq sauce

**crispy chicken tenders** 14

potato stix and lilikoi bbq sauce

 stayfit menu item

Gluten free options are available upon request. Please ask your server for our many selections that we will modify to fit your needs.

Please notify your server if you have any food allergies or require special food preparation. Consuming raw or uncooked foods may be hazardous to your health.

## wine list

glass bottle

### dry sparkling wines and champagne

*listed from milder to stronger*

segura viudas, **brut**, cava, reserva, catalonia, spain 42

veuve clicquot, **brut**, "yellow label", champagne, france 125

dom pérignon, **brut**, champagne, france 240

### sweet white wines

*listed from sweetest to least sweet*

clean slate, **riesling**, mosel, germany 10 40

### light intensity white wines

*listed from milder to stronger*

canvas, **pinot grigio**, veneto, italy 9 38

silver birch, **sauvignon blanc**, marlborough, new zealand 10 39

### medium intensity white wines

*listed from milder to stronger*

robert mondavi private selection, **chardonnay**, central coast, california 11 44

franciscan, **chardonnay**, napa valley, california 12 48

canvas, **chardonnay**, california 9 38

### light intensity red wines

*listed from milder to stronger*

estancia, **pinot noir**, "pinnacles ranches", monterey county, california 12 42

de loach, **pinot noir**, russian river valley, california 11 41

### medium intensity red wines

*listed from milder to stronger*

canvas, **merlot**, california 9 38

dry creek vineyard, **zinfandel**, heritage, sonoma county, california 11 45

ravenswood, **zinfandel**, "vitners blend", california 14 42

canvas, **cabernet sauvignon**, california 9 38

layer cake, **malbec**, mendoza, argentina 12 39

### full intensity red wines

*listed from milder to stronger*

rodney strong, **cabernet sauvignon**, sonoma county, california 11 47

## frozen

### daiquiri

cruzan rum with choice of island oasis banana, strawberry, peach, mango or raspberry

12

### lahaina lemonade

smirnoff citrus vodka, lemonade, dekuyper triple sec and fresh lime juice

12

### pele's lava flow

cruzan light rum, coconut syrup, ice cream, banana with a strawberry swirl and dark rum

12

### pina coloda

cruzan light rum, coconut syrup, ice cream, pineapple juice and dark rum

12

### mango banana rush

smirnoff vanilla vodka, ice cream, fresh banana, coconut cream, mango swirl

12

### tidal wave

effen black cherry vodka, ice cream, coconut syrup, island oasis guava poured over grenadine

12

### blue hawaii

smirnoff vodka, blue curacao, pineapple juice and coconut syrup

12

### cliff hanger

smirnoff strawberry vodka, pineapple, pineapple juice, strawberry puree and li hing mui

12

### road to hana

peach schnapps, cruzan coconut rum, cruzan mango rum, coconut syrup, ice cream and peach puree

12

### frozen arnold

jeremiah weed sweet tea vodka, island oasis lemonade

12

## sandwiches and burgers

### maui wau style fish tacos

beer battered or grilled fresh catch on warm flour tortillas, shredded cabbage, pico de gallo, harissa aioli and fresh lime

18

### smoked kalua pork sandwich

red cabbage and kulu onion, ancho-lilikoi BBQ sauce, honey brioche bun

14

### “da kine” chicken sandwich

grilled chicken, jalapeno jack cheese, bacon, avocado, and herb aioli, honey brioche bun

14

### grilled vegetable caprese sandwich

zucchini, red pepper, onion, fresh mozzarella, kula tomato, kula butter lettuce, umalu's hummus, kalamata olive tapenade, toasted focaccia

14

### grilled fresh catch

fresh island fish, sauteed maui onion, wasabi aioli

16

### b-l-t-a

crisp bacon, butter lettuce, kula tomato, organic clover sprouts, avocado, mayo and whole wheat toast

14

### meyer natural angus burger

natural angus burger, brioche bun

16

choice of topping: \$1ea

cheese: cheddar, swiss, jalapeno jack, provolone

bacon, avocado, mushrooms, grilled onion, jalapeno

### ¼ pound all-beef eisenburg hot dog

finished on the grill in a toasted bun

6

vegetarian burger available upon request

## upcountry salads

**caesar salad** 9

crisp romaine, traditional dressing, shaved parmesan, spanish white anchovy,

with grilled chicken 15

**upcountry paniolo salad** 16

kula butter lettuce, grilled chicken, black beans, sweet corn, tomato, avocado, monterey jack cheese, crispy blue corn tortilla, chile-lime vinaigrette

**jerk spiced seared ahi salad** 17

jamaican spiced ahi sashimi, kula butter lettuce, fresh mango, avocado, tomato, french beans, candied pecans, crystalized ginger vinaigrette

**umalu fruit of the moment** 10

the best of what the seasons have to offer, with maui gold pineapple yogurt

## umalu pizzas

**italian pie** 20

sausage, pepperoni, maui onion, green pepper, mushroom, mozzarella

**local kine pie** 20

maui gold pineapple, maple ham, maui onion and cilantro

**mediterranean style pie** 20

roast garlic and pesto base, sun-dried tomato, artichoke, greek olives, feta, mozzarella and parmesan

## tropical favorites

**diamond margarita** 18

don julio blanco tequila with grand marnier, triple sec, and lime juice, fresh lime and sweet & sour

**mutiny on the carthaginian** 14

cruzan rum, smirnoff vodka, beefeater gin, triple sec, sweet & sour, passion, orange and guava juice

**mango mojito** 12

cruzan mango rum, fresh lime, mint, soda and mango syrup

**planter's paradise punch** 12

cruzan rum, whalers dark rum, passion juice, orange juice, pineapple juice, grenadine and pomegranate

**tsunami** 12

cruzan coconut rum, whalers dark rum, captain morgan spiced rum, pineapple juice and grenadine

**ka'anapali sunburn** 12

cruzan coconut rum, banana liqueur, grapefruit juice, pineapple juice and cranberry juice

**guava lemonade** 12

cruzan light rum, island oasis guava, sweet & sour, sierra mist

**pineapple sweet tea** 12

jeremiah weed sweet tea vodka, pineapple juice, lemon wedges, ice tea

**west side mai tai** 12

cruzan light rum, orange curacao, orgeat syrup, pineapple juice, sweet & sour, whaler's dark rum

**black rock mai tai** 14

malibu black rum, orange curacao, pineapple juice, orgeat syrup, sweet & sour